

Clean Version of Amended Sections and Added Claims:

On page 1 of the specification, the title of the invention should now read as follows:

EXERCISE METHODS AND APPARATUS WITH A PERIPHERALLY SUPPORTED CRANK

The pending claims should now read as follows:

3. An exercise apparatus, comprising:

 a frame designed to rest upon a floor surface;
 at least three rollers rotatably mounted on said frame;
 a wheel rotatably retained between said at least three rollers; and

 a left foot link and a right foot link, wherein each said foot link has a first end that is rotatably connected to a respective side of said wheel, and a second end that is movably connected to said frame.

4. The exercise apparatus of claim 3, wherein a left rocker link is movably interconnected between said frame and said second end of said left foot link, and a right rocker link is movably interconnected between said frame and said second end of said right foot link.

5. The exercise apparatus of claim 4, wherein an upper distal end of said left rocker link is sized and configured for grasping by a person standing on each said foot link, and an upper distal end of said right rocker link is sized and configured for grasping by a person standing on each said foot link.

6. The exercise apparatus of claim 3, wherein a crank diameter is defined between said second end of said left foot link and said second end of said right foot link.

7. The exercise apparatus of claim 6, wherein each said second end is selectively movable diametrically relative to said wheel in order to adjust said crank diameter.

8. The exercise apparatus of claim 3, wherein said frame includes first and second flanges, and said at least three rollers are rotatably mounted between said flanges.

9. The exercise apparatus of claim 8, wherein said wheel has a circumferential rim, and said at least three rollers are configured and arranged to support said circumferential rim.

10. The exercise apparatus of claim 3, wherein said wheel rests on at least two of said at least three rollers, and at least one of said at least three rollers is disposed immediately above said wheel.